

VATRA DORNEI

1<sup>ST</sup> EDITION

2024

20  
IANUARIE



A PEDAL  
FORWARD

**BALKANIK  
CYCLO-CROSS  
CHAMPIONSHIP**

**TECHNICAL  
GUIDE**

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## ■ ORGANIZATION

ORGANIZATION #aPedalForward BRÎNZĂ Bogdan  
0040 724 299 591 bogdan@inkbroker.ro  
**ROU Cycling Federation** - SPRINCEANĂ Cătălin  
catalin.sprinceana@federatiadeciclism.ro

## ■ COMPOSITION OF THE COMMISSAIRES PANEL

President of the Commissaires Panel		
ZOLTAN GYORFY	ENC	ROU
Assistant	PCP	TBC
National Commissaire		TBC
National Commissaire		TBC
National Commissaire		TBC

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## ■ GENERAL INFORMATION

### TRAVEL AND ACCOMMODATION

#### Airports

Nearest airports:

**SUCEAVA INTERNATIONAL AIRPORT (SCV),**

Distance airport - venue:

124 km – aprox. 2hours.

**CLUJ Avram Iancu INTERNATIONAL AIRPORT (CLJ)**

Distance airport - venue:

185 km – aprox 3 hours.

**BACĂU INTERNATIONAL AIRPORT (BCM),**

Distance airport - venue:

220 km – aprox. 3hours, 20 minutes.

All participants must hold a valid passport or identity card. Visa obligations must be respected.

The organizer covers fuel expenses within the limit of 200 EUR to and from Vatra Dornei for each National Federation. Please request info from the organizer in advance. The organizer provides accommodation to all the participants. Please send accommodation requirements till 10.December 2023.

## ■ OFFICIAL ADDRESS OF THE COMPETITION VENUE

725700 Vatra Dornei, Romania  
Republicii Street  
Plus Code: 89W4+22 Vatra Dornei

## ■ COURSES MAPS

The maps of the courses can be found in the appendices at the end of the technical guide.

## ■ ACCOMODATION

The organizer will provide info about accommodation to each National Federation after receiving the list of participants to the event.

## ■ MEDICAL – EMERGENCY – LOCAL AUTHORITIES

A team of doctors and paramedics will be present onsite throughout official training sessions and competitions. The medical team will be based on Start Area. Also, 2 Mountain Rescue Teams will be on the courses.

### **Nearest hospitals**

Spitalul Municipal Vatra Dornei  
725700, 14 Mihai Eminescu Street  
Distance from the MTB Track: 500m.  
Emergency phone number: 0040 724 299 591

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## ■ REGISTRATION AND TEAM SERVICES

### **REGISTRATION**

The REGISTRATION for all participants must be accomplished by completing the entry form attached.

The course is open for participants who have a valid UCI ID from one of the Balkan Cycling Union member:

- ALBANIAN CYCLING FEDERATION
- CYCLING FEDERATION OF BOSNIA AND HERZEGOVINA
- BULGARIAN CYCLING UNION
- CYPRUS CYCLING FEDERATION
- HELLENIC CYCLING FEDERATION
- KOSOVO CYCLING FEDERATION
- CYCLING FEDERATION OF NORTH MACEDONIA
- MOLDAVIAN CYCLING FEDERATION
- MONTENEGRO CYCLING FEDERATION
- ROMANIAN CYCLING FEDERATION
- CYCLING FEDERATION OF SERBIA
- TURKISH CYCLING FEDERATION

### **TEAMS PARKING AREA**

The Teams Parking area will be organized in the Start Area.

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## OFFICIAL MEETINGS

### • COMMISSAIRES PANEL MEETING

**Date:** Friday, 19 January

**Time:** 12:00 to 13:00

**Location:** Commissaires meeting room, Start Zone, Cazinoul Balnear Vatra Dornei.

### • CONFIRMATION / LICENCE CHECK

**Date:** Friday, 19 January

**Time:** 10:00 until 19:00

**Location:** Start Zone – Race Office, Cazinoul Balnear Vatra Dornei.

Team managers must confirm all starters, presenting all licenses (with passport for the Juniors and Cadets category).

### • TEAM MANAGERS MEETING

**Date:** Tuesday, 22 September

**Time:** 19:00 until 20:00

**Location:** Start Zone.

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## COMPETITION SCHEDULE

### 2023 MTB Cyclo-Cros BALKAN Championships 1stEdition

### SCHEDULE

ROU Local Time			
<b>Friday 19 Jan.</b>	12:00 - 13:00	Commissaires Panel Meeting	Cazinoul Balnear Vatra Dornei
	13:00 - 18:30	Confirmation / Licence check	Cazinoul Balnear Vatra Dornei
	14:00 - 16:00	Official training session	Track
	16:00 - 19:00	Team Managers Meeting	Cazinoul Balnear Vatra Dornei
<b>Saturday 20 Jan.</b>	12:30 - 13:20	Free training session	Start Area
	13:30	Call-up Masters (Female+- Male)	
	13:40	Start MC, WC	
	14:50	Call-up ME, WE, MJ	
	15:03	Start ME, WE, MJ, WJ	
	17:00	Awards Ceremony	

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## ■ CATEGORIES

Age categories for which the individual title of the Balkan Champion will be awarded are the following:

- Men Elite ME
- Women Elite WE
- Men Juniors MJ
- Women Juniors WJ
- Men Cadets MC
- Women Cadets WC

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## ■ EVENT SPECIFIC REGULATIONS GENERAL RULES

**7.1 The BALKAN CYCLING UNION** in cooperation with aPedalForward & ROMANIAN Cycling Federation organize the 2023 BCU Cyclo-Cross BALKANIK Championships held on 20 January in Vatra Dornei (Romania).

**7.2 The event will be organized** in accordance with the rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.

**7.3 The Championships** (Cadets/Juniors/Elite) may be contested by riders entered by their National Federation as a National Team.

**7.4 The riders** (Juniors/U23/Elite) to contest each Championship shall be confirmed by an official of their Federation to the Commissaires during the confirmation procedure, before the start of the Team Managers meeting.

**7.6 Riders ages** shall be calculated as defined by the UCI rules (5.1.001). The category which will be applied for entries to races for the entire season is the category to which the rider will belong on 1 January of the following calendar year.

### **7.7 Body numbers – Clothes**

The riders are obliged to use the body-numbers which will be supplied by the organization. Changes to these and clothes are not allowed. Riders must compete in their national jersey (where applicable).

### **7.8 Unforeseen**

In those cases in which the regulations do not specify, the commissaires panel, in conjunction with the BCU Technical delegate and the organization (where applicable), will decide.

## STARTING ORDER

### OTHER UCI-RULES

The start order for ME, WE, MJ and WJ categories will be as follows:

As per the most recently published UCI cyclo-cross individual classification of the current season.

Unclassified riders by nations' rotation as follows:

- For unclassified riders, the start order within the team must be confirmed by the national federations during rider's confirmation and the order will be determined by drawing lots.

The start order for MC, WC will be as follows:

- The start order within the team must be confirmed by the national federations during rider's confirmation and the order will be determined by drawing lots.

## CLOTHING

All riders of ME, WE, MJ, WJ, MC and WC categories must start in their national jerseys (art.1.3.059).

The advertisements on jerseys have to be in conformity with art. 1.3.057 of UCI regulations.

## OTHER UCI-RULES

1. Wearing a rigid safety helmet shall be mandatory during competitions and training sessions.
2. Bicycles used for Cyclo-Cross races must comply with UCI regulations.
3. For the Cyclo-Cross bicycle the width of the tyres (measured between the widest parts) shall not exceed 33 mm and it may not incorporate any form of spike or stud (1.3.018).
4. Using of disc brakes are allowed in cyclo-cross training and competition (1.3.025).
5. For races on the road and cyclo-cross, the use of fixed sprocket is forbidden: a braking system that acts on both wheels is required.
6. The article on the maximum gear ratio for junior is not valid for Cyclo-cross events.
7. Personal high-pressure cleaners are forbidden in the pit area during.

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## AWARD CEREMONIES / JERSEY & MEDALS

Every Balkanik Championship will be awarded for:

The 1st place: Champion jersey and Gold medal

The 2nd place: Silver medal

The 3rd place: Bronze medal

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## ANTIDOPING

The UCI antidoping regulations are entirely applicable to the event. The antidoping tests will take place at the Antidoping Station located in:

Antidoping Room – in Cazinoul Balnear Vatra Dornei.

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## PENALTIES

The UCI penalty scale is the only one applicable.

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## RESPONSABILITIES

The Organizer and BCU will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

The organizers and BCU decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply. Any problems will be solved between the organizers, the Commissaires Panel and BCU officials.



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## COURSES MAP

**DISTANCE**

**2,8 km**

**ASCENT**

**60 m**

**MAX.  
ALTITUDE**

**860 m**

